

# BABYPILLARS

FOR BABIES & CHILDREN WITH SPECIAL NEEDS

# A PERSONAL NOTE FROM ANAT

I specialize in working with children who have developmental delays and special needs, which encompass a wide range of disorders including genetic syndromes, brain injuries, CP, autism, communication disorders, motor delays and disorders, low muscle tone, epilepsy, severe eating disorders, ADHD, and more. I strongly believe that involving parents and the child's environment in the therapeutic process is essential for fostering positive changes in their development.

My fundamental belief is that every child has the potential to realize their abilities. Drawing from my extensive experience working with numerous children, I have witnessed how those with injuries, syndromes, and disorders can achieve new learning, resulting in transformative improvements in various aspects of their lives and that of their families.

Initially, I focus on creating a conducive environment for the child and providing them with appropriate professional training. My objective is to identify and unlock the child's potential and opportunities for growth. One of my primary goals is to help the child relearn any developmental processes he may have missed due to his condition, effectively narrowing the gap between his chronological age and developmental stage.

The learning process is intensive and involves active participation from the entire family. Each developmental milestone builds upon previous one, forming a solid foundation. By relearning or learning these milestones and consistently practicing them, we stimulate the brain and nervous system to enhance performance skills and to achieve his full developmental potential.

## HOW DOES THE PROCESS WORK?

My therapy approach incorporates various developmental elements, including motor skills based on the Feldenkrais method, sensory techniques (such as the snoezelen room method), behavioral interventions, emotional support, social interactions, and more.

Parents play a vital role in the therapeutic process. Through our collaborative journey, we gain a mutual understanding of the changes necessary to facilitate the child's new learning. As a result, parents and the child's developmental environment, including their kindergarten or school, become integral parts of the overall process.

# THE METHOD:

Developmental stages build upon each other, forming the basis for a child's progress. Each milestone achieved during infancy establishes an important foundation in a specialized "classroom" where neuro-sensory motor development is internalized and integrated. By revisiting these milestones, relearning them, and consistent practice, the brain and nervous system are encouraged to enhance performance skills, thus laying a solid groundwork for future learning capabilities.

- Even in cases of brain injury or specific syndromes, learning ability remains present. Despite being born with disabilities, a child is not bound to lifelong limitations. With appropriate stimuli, the brain can respond and reorganize its network of connections. Even if one part is damaged, another can compensate and replace old cells with new ones. Through learning, the brain's connections can be reorganized, facilitating more sophisticated development and achieving results. The child learns to let go of incorrect behaviors associated with their disorder, and parents learn how to facilitate change. Additionally, the child acquires new functions appropriate for their current stage of development.

### Therapeutic Integration:

- The method embraces a comprehensive approach by incorporating various developmental elements: motor, sensory, behavioral, emotional, social, and familial. It considers both collective and individual aspects, utilizing a broad peripheral perception of all involved systems. The language and therapeutic focus of the method, centers around neuro-sensory motor development, enabling access to broader aspects of a child's growth. This method allows for the identification and isolation of each developmental factor, enabling a deeper understanding of cause-and-effect relationships.

### Parents as Vital Partners in the Therapeutic Process:

Parents play a crucial role in the therapeutic process. Their active involvement is essential for the child's progress. In addition to diagnosing the child, I also assess various interactions, such as how parents engage with the child, respond to their difficulties, and provide support. Observing parental behavior offers insights into the child's developmental dynamics. Within the method, parents themselves become therapeutic figures. I provide parents with training to help them incorporate therapeutic principles into everyday life and activities with their child. By explaining the developmental importance of every skill, the parents embraced a change in their habits and created an environment that allowed the child to acquire the necessary abilities.

### Effective Communication Among All Parties Involved:

My Treatment plan ensures professional and coordinated communication with all those involved in caring for the child, including nannies, kindergarten personnel, and even aspects of the child's home environment. This collaborative approach allows for a comprehensive understanding and provides parents with the confidence of having a trusted source for questions and consultations throughout the therapeutic process and between sessions.

# HOW DO WE GET STARTED?



After our initial conversation, I will provide you a questionnaire regarding your child. Once completed, along with sharing relevant medical documents, we will meet for an integrative diagnosis. This assessment focuses on exploring the child's potential rather than solely examining their disorder or difficulties. The diagnosis can take place either in your home or through a secure video conference. During this process, we will engage in interactive play.

After the diagnostic phase, we will discuss the therapy plan and determine the next steps following the intensive therapy. I firmly believe that by working together, we can achieve tangible results, continuous progress, and overall improvement for your child.

If you have any further questions or would like to begin this transformative journey, please reach out. I look forward to the opportunity to make a positive difference in your child's life.



# THANK YOU



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